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## Curnow School Therapy Hub

The Children's Community Therapy Service is delivered from several therapy bases in West and East Cornwall, including: Curnow School at The Hub, Doubletrees School, Nancealverne School, Dolphin House at Treiske Hospital, St. Austell Community Hospital, and West Cornwall Hospital Penzance.

The service provides Children's Occupational Therapy, Physiotherapy and Community Dietetics for children aged 0 – 16 but can include up to the age of 19 for children attending a special school.

### Physiotherapy

The physiotherapist will assess your child's movement abilities and plan a treatment programme suited to his/her needs, designed to encourage development and independence. They will show you, and others involved in your child's care, how to carry out the exercises and activities, as your child will need to practice them regularly.

### Occupational Therapy

Occupational Therapy (OT) aims to support children and young people in getting the most from their lives and achieving their potential.

The OT will assess your child's functional and sensory needs and will work with you and your family to enable your child to become as independent as possible. This is likely to include activities designed to increase range of movement, co-ordination, and sensory awareness.

The OT will give advice on personal care, play, schoolwork, and leisure activities. Hand splints may be supplied for comfort and development of skills.

Specialist equipment to promote function and learning may be provided to help your child at school or home. This may include specialist seating.

Requests for housing, school adaptations and personal care equipment will be referred to the Occupational Therapists based in Disabled Children's Team, Cornwall Council.

The Physiotherapist or Occupational Therapist can recommend special equipment you may need (for example, a supportive chair) and refer your child for assessment for a special buggy or wheelchair.

### Children's Community Dietitian

The Children's Community Dietitian provides dietetic support to disabled children, their families and the professionals who work with them. Our focus is on children who are eating and/or drinking and who are at risk of under-nutrition. We do this by providing:-

- Open Access sessions where you can get advice about common eating and drinking problems.
- Nutritional training and support for the teams who support and work with you.
- Assessment and advice for individual children who have significant nutritional difficulties affecting their growth.

### Lifestyle, Eating & Activity for Families (LEAF)



The LEAF Programme has been set up as a specialist multi-disciplinary team weight management service with a focus on the 0-6 year old age group. This service includes, but is not exclusively for, children with special needs.

<https://www.healthycornwall.org.uk/professionals/leaf-0-6-years/>

For more information or to send in a completed referral form, please contact LEAF by email: [LEAF.programme@nhs.net](mailto:LEAF.programme@nhs.net)

If you would like to contact us, please call:- 01872 254531

Email:- [rch-tr.ChildrensCommunityTherapy@nhs.net](mailto:rch-tr.ChildrensCommunityTherapy@nhs.net),

Write to:- Children's Community Therapy Service  
Dolphin House  
Royal Cornwall Hospital Treliske  
Truro  
Cornwall  
TR1 3LJ



### Speech And Language Therapy (SALT)

Speech & Language Therapists work with a specific caseload of children and young people with complex communication difficulties who have been referred into our service.

We provide assessment of the child / young person's communication level, in collaboration with parents, carers and the class team, and decide if further support is needed. SALTs work with key communication partners to help develop the child's communication skills. Please note that we are not involved with all children with long-term communication needs.

We also provide assessment and advice for children and young people with physically or medically based eating and drinking / swallowing difficulties.

You can contact the SALTs via school or via our helpline on 01208 256262.

