

# Learning in Rock Class

## *A typical day in Rock:*

- **9.00am -9.15am** Arrive at school into sensory and calming activities to help everybody get ready to learn.
- **9.15am- 09:45am** Morning meeting with a communication and interaction focus.
- **09:45-10.15am** Monday to Wednesday we have morning literacy, Thursday dance, and Friday is assembly day.
- **10:15-11:00** Breakfast and class jobs
- **11:00-12:15** This is our main learning block working on our core skills targets, reading, literacy, maths, and functional skills
- **12.15pm-1.30pm** Lunch and Outdoor Play (Communication targets/PHSE) with whole class, 1:1 supervision/support as required
- **1.30pm- 2.30pm** Afternoon learning sessions include PE, art, cooking, and social skills.
- **2.30pm – 2.50pm** Snack (communication & PHSE) whole group
- **2.50pm-3.15pm** Class Celebration, group story to finish up the day, home time.

